



# *Transformational Change*

## *New Perspectives on Consciousness*

February 2013

### ***Program***

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#### **Saturday, February 16**

— *The Nancy Penn Center (NPC)* —

12:00 N – 5:00 PM

Registration

5:00 PM

Reception

6:00 PM

Dinner

— *David Francis Hall (DFH)* —

7:30 PM

**Walter Stock, Chairman of the Board**  
***Welcome***

**Carol de la Herran, PhD, Executive Director, President**  
***State of the Institute address***

**John Kortum**

***The Kortum Technique: Adding perceptual value by liberating the expectations of the rational mind***

The Kortum Technique - A medical assessment technique that translates visual metabolic cues that correlate to human body organ and systems imbalances with 93% accuracy. Mr. Kortum and his technique have been featured on A&E's Biography Channel.

He will demonstrate the power of perception in the health care industry. He will illustrate the significance to re-examine our intellectual routines that constrain thinking.

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#### **Sunday, February 17**

— *NPC Exercise Room* —

7:00 AM

Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM

Breakfast

— *DFH Conference Room* —

9:00 AM

**Walter McFarland, MA, MPA, EdS, MSc**  
**Keynote Address: *The Neuroscience of Change***

Mr. McFarland is an internationally known author, lecturer, scientist and authority on the subject of the Neuroscience of Change. In his presentation Mr. McFarland will share how key neuroscience-informed actions can greatly improve performance of change in individuals and organizations.

11:00 AM

**Theresa Bullard, PhD**  
***Breakthrough Creativity— A Powerful Synthesis of Alchemy, Solfeggio Frequencies, and Brainwave Entrainment for Creating from Higher Consciousness***

Dr Bullard’s organization, Quantum Leap Alchemy, was created as a vehicle to bring together ancient wisdom, modern science, and the most cutting-edge conscious tools and technologies to deliver a new revolutionary process for change.

— *NPC Tower Dining Room* —

12:30 PM

Lunch

— *DFH Conference Room* —

2:00 PM

**Joseph M Felser, PhD**  
***Becoming Our Own Guinea Pigs***

What is the relationship between what Joseph Campbell called the “wonder journey” of the spiritual quest and wondering about philosophical questions, such as: What is the nature of reality? Who and what am I? How do I actually know what I think I know? How do experiences of “wonder”—experiences, including dreams, visions, trances, mystical unions, OBEs, phase-shifts, encounters with non-physical entities and non-human intelligences, that shock, awe, surprise, mystify, astonish, and delight us--relate to our intellectually wondering about the meaning of human existence? Are non- or trans-rational states of consciousness the friend or enemy of rationality? Could our previous view of these issues be at the root of some of our current cultural crises and our fixation on doomsday? Might a revised view move us toward a more creative and positive future?

Exploring the various connections between so-called experiences of wonder and philosophical inquiry—and in particular, how these connection are experienced and understood by TMI program participants—is the subject of Dr. Felser’s ongoing research project. His presentation will provide an overview of the theoretical, historical, and personal sources of this project, as well as a very preliminary interim update on the current state of my research.

3:45 PM

**Bob Holbrook*****TMI Tech Talk: SAM and More***

Mr. Holbrook has participated in the analysis and development of the Spatial Angle Modulation (SAM) technology, first with Skip Atwater and later on his own. The result—some exciting breakthroughs and opportunities for future consciousness tools. In addition to developing SAM 2.0 Mr. Holbrook is presently working with individuals in the areas of addiction and post traumatic stress disorder.

— *NPC* —

5:00 PM

Social Hour, Dinner

7:30 PM

**Panel | *Around the World in 80 Days***

**Phil Davidson, Jose Sanchez Garcia, Thomas Hasenberger, Linda Leblanc, Luigi Sciambarella**

An international panel discusses TMI research and education occurring globally.

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**Monday, February 18**
— *NPC Exercise Room* —

7:00 AM

Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM

Breakfast

— *DFH Conference Room* —

9:00 AM

**W. J. Ross Dunseath, PhD*****Psi Research at the MC Squared Program***

In 2011, TMI and the Division of Perceptual Studies (DOPS) at the University of Virginia began a collaboration in the study of psychokinesis (PK). At the DOPS neuroimaging lab, a central goal is to document psi performance and identify physiological conditions conducive to success. The MC<sup>2</sup> program at TMI offers a tremendous resource for studying applied PK, allowing DOPS access to experimentation with talented and motivated groups and individuals. Using instrumentation constructed at DOPS for the sensing of PK events, three experimental sessions with MC<sup>2</sup> groups have been run so far. The resulting data has been useful in the continuing development of new PK instrumentation and signal processing methods at DOPS. The results of the MC<sup>2</sup> experimental sessions will be presented, with examples of the signals obtained and statistical results.

11:00 AM

**Camden C. Danielson*****The Development of Global Leaders: Implications of the Study of Long-Term Participation in TMI Programs***

Every age confronts some collective degree of psychic disturbance in the rise of a new or modern way of life that challenges an older, established understanding of the nature of things. However, given the speed of economic and technological development across the globe today, the clash of values is on a scale never seen before. Leaders, like the organizations for whom they provide guidance and direction, face the challenge of adapting their understanding of the world when their worldview is no longer sufficient to solving the problems they face.

The qualities requisite to leading in times of an uncertain future, such as our own, show up in the participants of [the long-term] study. That the participants in this study have taken up the challenge of trying to bridge between two worlds means facing incomprehension, resentment, and even derision. That is their personal leadership challenge, but it is required in bringing a multi-dimensional view of life to the transformation underway in the world today.

— *NPC Tower Dining Room* —

12:30 PM

Lunch

— *DFH Conference Room* —

2:00 PM

**Carmen María Montoto*****Hemi-Sync® and Brain Gym®***

Hemi-Sync and Brain Gym are two powerful tools that maximize learning skills. Brain Gym describes a specific set of movements, processes, programs, materials, and an educational philosophy. As both an Outreach and a Brain Gym facilitator Carmen combines these technologies to great effect.

3:30 PM

**James Lane, PhD*****TMI Research Directions***

When Dr. Lane was asked to fill the position of TMI's Research Director he graciously accepted. In this short introductory talk Dr. Lane extends an invitation to the membership to contact him with research interest. His vision of the role includes developing TMI's research portfolio, encouraging and supporting people worldwide to conduct research using our tools and technologies, and establishing TMI as the focal point, the hub - the authority - in the application of binaural stimulation technologies. "Everyone who's been involved with TMI knows the power of these technologies. We hope that recognition of this fact will broaden throughout the world as we continue to get it out there - more and farther - as Robert Monroe asked."

4:00 PM

Time to meet up and share.

— *NPC* —

5:00 PM Social Hour, Dinner

— *DFH Conference Room* —

7:30 PM **Recognition of Skip Atwater**  
**Recognition of Emmett and Alice Monroe**  
**Robert Monroe, nephew of Robert A Monroe**

Robert will share memories of life with his uncle and namesake, Bob Monroe.

**Barbara Bullard**  
***Closing of Silent Auction***

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**Tuesday, February 19**

— *NPC Exercise Room* —

7:00 AM Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM Breakfast

— *DFH Conference Room* —

9:00 AM ***TMI Board Panel***

10:00 AM **Allyn Evans & Becky Carroll**  
***Reorganization Group Process***

— *NPC Tower Dining Room* —

12:00 PM Lunch

— *DFH Conference Room* —

1:30 PM **Allyn Evans & Becky Carroll**  
***Reorganization Group Process***

3:30 PM **Barbara Bullard**  
***Auction winners announced***

— *NPC* —

5:00 PM Social Hour, Dinner

— *DFH Conference Room* —

7:30 PM **Viewing of TMI episodes of *The uneXplained* TV series**

9:00 PM Outreach meeting

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**Wednesday, February 20**

— *NPC Exercise Room* —

7:00 AM Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM Breakfast

— *DFH Conference Room* —

9:00 AM ***Intro to Guided Exploration Day* with Carol de la Herran**

— *NPC CHECs and Conference Room* —

**Exercises 1, 2 and 3**

— *NPC Tower Dining Room* —

1:00 PM Lunch

— *NPC CHECs and Conference Room* —

2:30 PM **Exercises 4 (SAM 1) & 5 (SAM 2)**

5:15 PM Closing Circle

— *RMR* —

6:30 PM **Supper and Closing Festivities**

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**Thursday, February 21**

— *NPC Exercise Room* —

7:00 AM                      Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM                      Breakfast

Departures

## ***Presenter Biographies***

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### **Theresa Bullard, PhD**

Physicist, author, and change-agent, Theresa Bullard is a pioneer in the field of fusing science, consciousness, ancient wisdom, and transformative technologies. She has over 15 years of experience in science research, international speaking, and transformational training. Author of *The Game Changers: Social Alchemists in the 21<sup>st</sup> Century*, her mission is to help individuals and organizations thrive in a changing world. Fusing modern day quantum physics with powerful, time-tested techniques for harnessing consciousness, Dr. Bullard brings a truly fresh, mind-expanding, and powerfully altering approach. She is able to move people from traditional modes of thinking into the multi-faceted approach that is needed to address the complex and rapidly changing world we are in.

Dr. Bullard is the founder of Quantum Leap Alchemy, co-founder of the Universal Kabbalah Network, and a Master Teacher with the Modern Mystery School. Combining her formal education as a Ph.D. Physicist with a life-long path of embracing the new paradigm of Science and Consciousness, Dr. Bullard's passion and ability to bridge these worlds is her strength and distinguishes her as an exceptional teacher, leader and scientist. You can learn more about Dr. Bullard's teachings at [www.QuantumLeapAlchemy.com](http://www.QuantumLeapAlchemy.com) and [www.UniversalKabbalah.net](http://www.UniversalKabbalah.net)

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### **Camden C. Danielson**

Mr. Danielson is a partner at MESA Research Group. His work focuses on assisting leaders and management teams revision future direction and opportunity amid the turbulence of personal, organizational, and societal change. His research has appeared in *Integral Leadership Review*, *The Monroe Institute Journal*, *Academy of Management Executive*, *Human Resource Development Quarterly*, *Business Horizons*, and *The American Benedictine Review*. Mr. Danielson's background includes 12 years leading Executive Education at the Kelley School of Business, Indiana University. He has designed, developed, directed or taught in more than 200 executive leadership programs for Global Fortune 1000 companies. He also was a speechwriter for the President of Indiana University and a U.S. Air Force squadron commander and wing executive officer. Mr. Danielson received a B.A. in Classical Studies from the University of Kansas (1977), a Medieval Studies Certificate and an M.A. in English Literature from Indiana University (1983). He is an alumnus of 6 programs through The Monroe Institute (1994 through 2006), a participant in the American Center for International Leadership's US-USSR Exchange Program (1985), and a graduate of the U.S. Air Force Squadron Officer School (in residence - 1981).



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**W. J. Ross Dunseath, PhD**

Dr. Dunseath is an electrical engineer who specializes in designing and constructing electrophysiological instrumentation. He received his Ph.D. from Duke University in 1990. At present he is an Assistant Professor of Research at the Division of Perceptual Studies, University of Virginia. His most recent patent was awarded in 2010, describing a method for simultaneous EEG and fMRI neuroimaging.

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**Joseph M. Felser, PhD**

**Dr. Felser** graduated summa cum laude and Phi Beta Kappa from Boston University, and received his doctorate in Philosophy from the University of Chicago. He has been on the faculty at Kingsborough Community College of the City University of New York (CUNY) in Brooklyn for the past fifteen years. He is the author of two books, *The Way Back to Paradise: Restoring the Balance between Magic and Reason* (2005), and *The Myth of the Great Ending: Why We've Been Longing for the End of Days Since the Beginning of Time* (2011), as well as more than twenty-five articles on philosophy, parapsychology, religion, myth, and the paranormal. His writings have appeared in scholarly and popular journals, including *The Journal of the American Society for Psychical Research*, *The International Journal of Parapsychology*, *Exceptional Human Experience*, *The Journal of the American Academy of Religion*, *Collingwood Studies*, *Mythosphere*, and the *Anomalist*. He did his Gateway Voyage in 2000 and has attended a number of residential programs since then. His association with TMI's Professional Division began in March 2006, when he was invited to deliver the Keynote Address at that year's professional seminar.

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**Bob Holbrook**

TMI residential facilitator Mr. Holbrook has been a student of consciousness for most of his life. He is an anthropologist with experience in South America, Africa, the Middle East and the US. He has studied Anthropology and Psychology at Ball State University, Indiana University and the University of Chicago. He studied Archaeology with the University of Michigan. Mr. Holbrook is an active member of the Society for the Anthropology of Consciousness, The Institute of Noetic Sciences and a certified provider with the Institute of Heartmath.

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## John Kortum

John Kortum is an autodidact, author and the developer of The Kortum Technique. He consults, speaks, and teaches worldwide on sensory integration and development. His reproducible applications of cognitive techniques in healthcare have been independently evaluated with 93% accuracy. Mr. Kortum is the developer and author of *The Kortum Technique* - A medical assessment technique that translates visual metabolic cues that correlate to human body organ and systems imbalances with 93% accuracy. He and his technique have been featured on A&E's Biography Channel

Mr. Kortum has over twenty years of experience facilitating workshops. His facilitation skills have been written about in *The Washington Post*. He was a residential trainer at TMI from 1998-2012.

John Kortum is a featured expert in A&E Biography Channel's new original series *The uneXplained*. He has conducted live demonstrations of his medical perception on camera as well as before audiences in media and conference settings with sustained levels of accuracy. By adapting his perception to medical language he substantiates a heuristic for practitioners to develop sensory integration. He teaches health care providers how to apply cognitive techniques in their patient practice.

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## James Lane, PhD

Like many people, Dr. Lane read *Journeys Out of the Body* in the 1970s, not realizing it was altering the course of his life. At the time he was a psychology graduate student at the University of California, Los Angeles. When in 1979 he moved to North Carolina, he expected one day to drive up to Virginia and introduce himself to Bob.

By the time Dr. Lane made his first visit to TMI Bob had already died. Nevertheless the nature of The Monroe Institute's work continued to compel him. When a premed undergrad student of his, Stefan Kasian, interned with complementary and alternative medicine researcher Justine Owens, Dr. Lane collaborated with them on his first binaural study at the Duke University lab. Skip Atwater assisted from the TMI side and in 1998 the research team published "Binaural auditory beats affect vigilance performance and mood" in *Physiology & Behavior* [Lane, J.D., Kasian, S.J., Owens, J., and Marsh, G.]

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## **Walter McFarland**

Walter McFarland believes that the emerging field of neuroscience may be a source of new insight into the theory and practice of organizational change. As neuroscience research increases our knowledge of the brain, information relevant to organizational change is being uncovered. In this conversation, Walter shares insights on specific attributes of the brain that inform behavior during organizational change, how current change approaches actually trigger resistance in the brain and, and key neuroscience-informed actions can improve performance of change.

Mr. McFarland is President of Windmill Human Performance and the current Board Chair elect for the American Society for Training and Development (ASTD). He held previous positions as a Senior Vice President at Booz Allen Hamilton and a Senior Principal at Hay Management Consultants where his business focus was human capital, learning, and change. The center piece of his career has been focused on leading large-scale transformation and change efforts for the US government.

Mr. McFarland has had leadership roles in consulting engagements focused on: transforming the Internal Revenue Service; creating the Department of Homeland Security; and better integrating the US Intelligence Community—to name a few. He has earned: the Hammer Award, the IRS Commissioner's Award, and recognition from ASTD and the Smithsonian Institution, among others.

Mr. McFarland is currently a graduate instructor at the NeuroLeadership Institute, Middlesex, England, and is a Board member of the Cahn Fellows Program at Teacher's College, Columbia University.

Mr. McFarland holds: a BA in Psychology and MPA in Public Administration from Southern Illinois University; an MA in Government from Georgetown University; an Ed.S in Human and Organizational Learning from the George Washington University; and an MSc in Organizational Change from HEC Management School, Paris, with Oxford University, England.

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**Carmen María Montoto**

Ms. Montoto graduated from the University of Puerto Rico with a BA in History of Art. She also studied Home Design, Kinesiology (level I), Photo Reading and Adyurvedic Massage and is a Hado Instructor, Brain Gym and TMI Outreach Facilitator. Carmen has offered conferences in Iceland, Boston Latino Institute, TMI, Cuba and Puerto Rico about Hemi-Sync® and its uses.

As a Member of the Professional Division of TMI, with nine university students, she generated a research project on the use of Hemi-Sync to enhance learning. With Jacqueline Mast, she organized the International Conference on Special Education in Puerto Rico. For the past six year Ms. Montoto has created a Childrens' Summer Theater Workshop using Metamusic. She has also developed a program called "Wiring" or ALAMBRAjE, combining Hemi-Sync, Brain Gym Exercises, breathing techniques, positive affirmations and the arts to increase the learning skills and wellness of children. This system is going to be incorporated in some schools in Puerto Rico in 2009.

Ms. Montoto has participated as a speaker in many activities related to Autism and AD(H)D, presenting Hemi-Sync and Brain Gym as useful tools to help children and adults in Special Education Programs. She is also Director of Academia MC2, a dance school that offers Yoga and diverse workshops to promote the arts and spiritual development.